

New version of the questionnaire: [QoL5 - 5-item Quality of Life questionnaire](#)

Dear Customers,

Updated version 3.0 of **QoL5 - 5-item Quality of Life questionnaire** is now available in the EG CheckWare Store.

The update includes the following changes:

1. Questionnaire:

The previous version of QoL5 was based on an unofficial translation. Therefore, in version 3.0, the wording of the questions and response options has been adjusted to align with the official Norwegian version, ensuring compatibility with other measures in the QoL battery. See the screenshots and the reference below.

2. Report:

Report layout has been adjusted according to current standards.

Important!

- Update of QoL5 is done manually by installing the newest version (3.0) in the EG CheckWare Store. The update is irreversible, i.e., it is not possible to go back to the previous version of QoL5 after the new version is installed.
- All respondents will get access to the newest version of the questionnaire and all clinicians to the newest version of the report after QoL5 is updated. Note that all previously submitted responses will still be marked with the previous QoL5 version (2.0).
- Assessment plans that have already started will use the previous QoL5 version. Assessment plans that will start after the updated version is installed will contain the newest version of QoL5.
- The update has no bearing on data that has already been collected, i.e., you will not lose the existing data.
- The update will not affect continuity of result, neither will it have impact on score calculation.

Any questions about the changes can be sent directly to support@checkware.com.

Best regards,
EG CheckWare AS

References:

1. Lindholt, J. S., Ventegodt, S., & Henneberg, E. W. (2002). Development and validation of QoL5 for clinical databases. A short, global and generic questionnaire based on an integrated theory of the quality of life. *European Journal of Surgery*, 168, 107–113
2. Pasareanu, A. R., Opsal, A., Vederhus, J. K., Kristensen, Ø., & Clausen, T. (2015). Quality of life improved following in-patient substance use disorder treatment. *Health and quality of life outcomes*, 13, 1-8.

QoL5 - 5-item Quality of Life questionnaire

Vi ber deg svare på noen spørsmål om din livskvalitet. Vennligst les hvert spørsmål nøye før du svarer. Deretter velg det svaret som passer best.

1. Hvordan synes du selv at din fysiske helse er for tiden?

- Meget god
- God
- Hverken god eller dårlig
- Dårlig
- Meget dårlig

2. Hvordan synes du selv at din psykiske helse er for tiden?

- Meget god
- God
- Hverken god eller dårlig
- Dårlig
- Meget dårlig

3. Hvordan er ditt forhold til din partner for tiden?

- Meget god
- God
- Hverken god eller dårlig
- Dårlig
- Meget dårlig
- Jeg har ingen partner

4. Hvordan er ditt forhold til dine venner for tiden?

- Meget godt
- Godt
- Hverken godt eller dårlig
- Dårlig
- Meget dårlig

5. Hvordan er ditt forhold til deg selv for tiden?

- Meget godt
- Godt
- Hverken godt eller dårlig
- Dårlig
- Meget dårlig

Vennligst kontroller at du har svart på **alle** spørsmålene. Takk for din hjelp.